

Cancer Support and Resources For individuals impacted by cancer and their caregivers

American Cancer Society

800-227-2345

www.cancer.org

Offers programs and services to help during and after cancer treatment. Services include Hope Lodge (for patients and families from out of town), transportation assistance, nutritional supplements, free wigs, turbans, and prostheses.

American Lung Association

800-586-4872

www.lung.org

Their mission is to save lives by improving lung health and preventing lung disease through education, advocacy and research. You can find an in-person support group nearby, connect with an expert online or over the phone, or join one of their online communities.

Camp Rainbow

314-469-8035

https://www.camprainbow.com/

The Camp Rainbow Foundation provides free camp experiences and programs for children and families affected by childhood cancer and blood-related diseases.

CancerCare

800-813-HOPE (4673)

www.cancercare.org

Provides free counseling, support groups, education, financial assistance, pet assistance, workshops, community programs, and practical help to anyone affected by cancer.

Cancer Support Community

314-238-2000

www.cancersupportcommunity.org

Provides free programs to empower and educate individuals impacted by cancer such as support groups, separate groups for caregivers, education workshops, and mind-body activities including yoga, relaxation, & visualization. Also provides vouchers towards the cost of medical supplies: nutritional supplements, incontinence and ostomy supplies, lymphedema sleeves, wigs, and durable medical equipment such as walkers, and shower chairs.

Cigna's Caregiver Resources

https://www.cigna.com/individuals-

families/health-wellness/caregiver-resources

Taking care of a loved one can be challenging. Explore useful sources of information for planning and managing financial challenges, finding respite care, connecting with legal resources and more.

Cleaning for a Reason

www.cleaningforareason.org

Offers free home cleaning to cancer patients. Their goal is to remove the burden of cleaning and allow those recovering to focus on their health and spending time with loved ones.

Colorectal Cancer Alliance (CCA)

877-422-2030

https://www.ccalliance.org/patient-family-support

CCA provides everything from emotional support to access to financial aid. There's a 24-hour online chat room where you can connect with patients, survivors and caregivers across the globe; a buddy program for one-on-one support with someone who's been through it; and you can speak to their certified Patient and Family Support Navigators.



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Food Outreach

www.foodoutreach.org

3117 Olive St. St. Louis, MO 63103 314-652-3663 Provides nutritional services to men, women, and children living with HIV/AIDS or cancer.

Friends of Kids with Cancer

314-275-7440

www.friendsofkids.com

16 Sunnen Drive, Suite 161, St. Louis, MO 63143 Provides educational, emotional, and recreational programs for children undergoing treatment for, and survivors of, cancer and blood-related diseases.

Gateway to Hope

314-569-1113

www.gthstl.org

3114 Sutton Blvd., Maplewood, MO 63143
Provides comprehensive medical and surgical care in partnership with other agencies for those diagnosed with breast cancer who are uninsured or underinsured.

Haven House

314-434-5858

www.havenhousestl.org

1973 Craigshire Road, St. Louis, MO 63146 Provides the comfort of home and support for families who travel 25+ miles to St. Louis to receive medical treatment.

Leukemia & Lymphoma Society Gateway Chapter 800-955-4572

www.lls.org

Financial assistance (including transportation), free education programs, support groups, legislative advocacy programs, and school re-entry support to help individuals with blood cancer.

Ovarian Cancer Research Alliance

866-399-6262

https://ocrahope.org/patients/resources/

OCRA's provides treatment information, financial assistance, webinars, talk to a survivor through their Woman to Woman Program, and their oncology social worker is available to take your call Monday-Friday at 212-268-1002.

Pancreatic Cancer Action Network (PanCAN)

877-272-6226

www.pancan.org

PanCAN patient services provide free, personal one-to-one support. Provides resources for diet and nutrition, survivor and caregiver support groups, and pancreatic cancer clinical trials.

Prostate Cancer Foundation (PCF)

800-757-2873

www.pcf.org

Dedicated to the research and eradication of prostate cancer, PCF offer free prostate cancer guides (English & Spanish), prostate cancer news and other helpful resources for patients and their families.

Skin Cancer Foundation (SKF)

212-725-5176

https://www.skincancer.org/treatmentresources/support-resources/

SKF's Robins Nest program provides you with a carefully curated list of organizations that offer assistance with insurance, health care costs, transportation, coping support, recommended products, and other issues that arise with a skin cancer diagnosis.



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Siteman Cancer Centers

800-600-3606

https://siteman.wustl.edu/treatment/siteman-approach/patient-and-family-services/

In addition to medical care, they offer <u>virtual</u> <u>support</u>: exercise classes, musical relaxation, and therapeutic horticulture. Download their <u>Supportive Resource Guide</u>.

Susan G. Komen Breast Cancer Foundation 877-GO KOMEN

www.komenstlouis.org

Provides resources for breast health and breast cancer awareness. Provides funding for screenings, treatment, education, and research programs.

St. Louis HELP (Health Equipment Lending Program)

314-240-0796

www.stlhelp.org

Free assistive equipment (e.g. walkers, raised toilets, shower chairs) for those who are ill or have a disability, to help them regain their mobility and/or stay at home.

St. Louis Ovarian Cancer Awareness (SLOCA)

314-966-7562

www.sloca.org

Promotes awareness of early warning signs and standard care, enabling early diagnosis, and provides survivor support.

St. Louis Peregrine Society Inc.

314-781-6775

www.peregrinesoc.org

2343 Hampton Ave. St. Louis, MO 63139 Provides services and supplies not typically covered by insurance, such as transportation to treatment, prescription drug assistance, bath benches, and walkers to cancer patients residing in St. Louis city or county and by assisting uninsured or underinsured patients with services critical to their care.

The Breakfast Club

314-972-8883

www.breakfastclubstl.org

The Breakfast Club is an African American breast cancer support group that impacts the STL metro area through education, awareness, resources and support concerning breast health, breast cancer and prevention and screenings. They provide, bras and breast prostheses to women who've had mastectomies as well as one on one support to women who have just received a diagnosis of breast cancer.